

## COMMUNITY MEALS BREAKFAST

Daily	6:15-7 AM	259 S. Pearl Street City Mission
Mon + Fri	8-8:30 AM	176 Sheridan Ave. Sheridan Hollow Drop-In Center
Tu., Wed. Th.	7-9 AM (Nov. - April)	FOCUS Winter Breakfast 262 State Street Westminster Presbyterian Church
Tu. & Wed.	7:30-8:30AM (April- Oct.)	FOCUS BREAKFAST EXPRESS 262 State Street Westminster Presbyterian Church

## LUNCH

Daily	11:30-12:30 PM	259 S. Pearl Street City Mission
Sun.	1-2:30 PM	369 Livingston Ave. Beth Emeth
Mon. + Th.	11:30 - 1 PM	369 Livingston Ave. St. Maximilian Kolbe
Mon. - Fri.	12-1 PM	300 Ontario Street (Cohoes) Salvation Army
Tu. + Sat.	11:30-1 PM	88 Fourth Ave. St. John's St. Anne's Welcome Table
Wed.	11:30-12:30 PM	33 Walter Street Sacred Heart Church
Wed.	12-1 PM	281 Hamilton Street First Israel AME Church

## DINNER

Sun.	4-5 PM	259 S. Pearl Street City Mission
Mon.- Sat.	6:30-7:30 PM	259 S. Pearl Street City Mission
Mon. - Fri.	3-4 PM	26 S. Swan Street Sheridan Hollow Drop-In Center
Mon. - Fri.	4-4:30 PM	Ida Yarborough Apts. - Salvation Army Mobile Canteen
Mon. - Fri.	4:30-5PM	Corner of Henry Johnson and Orange Street- Mobile Canteen
Mon. - Fri.	5-6 PM	500 Clinton Ave. Mobile Canteen
Mon. - Th.	4-5:30 PM	498 1st Street - JC Club
Sat. + Sun.	3-5 PM	498 1st Street - JC Club
Wed.	4-5:30 PM	1401 1st Ave, Watervliet The Open Table
Fri.	4:30-6 PM	49 Johnston Ave., Cohoes Good Ground Church

## MEDICAL ASSISTANCE

**Albany County Dept. of Social Services**  
447-7300 • 162 Washington Ave.

**Albany County Health Dept.**  
447-4580 • 175 Green Street

**Albany Women's Health Center**  
432-4033 • 220 Green Street

**American Cancer Society Hope Club**  
220 6902 • 1 Penny Lane, Latham

**Capital City Rescue Mission • Free Clinic**  
(By Appointment) Tue & Fri 9:30 –3pm • 462 0459

**Capital District Psychiatric Center**  
447-9611 • 75 New Scotland Ave.

**Eddy Homecare and Visiting Nurses • 274-6200**

**Elderly Pharmaceutical Insurance (EPIC)**  
1-800-332-3742 (TTY 1-800-290-9138)

**Koinonia Primary Care**  
689-0282 • 553 Clinton Ave.

**NYS Office of Health Insurance • 473-4679**  
Child Health Plus 1 (800) 698 4543

**The Poverello Center** 426-7040 • 315 Sheridan Ave.  
Only open Wednesday evenings, 5:00-8:30 pm  
Medical services for adults without health insurance.

**Sheridan Hollow Drop-In Center and Wellness Clinic**  
694 8899 • 26 South Swan Street • M-F 9:30-4 pm

**St Peter's Family Health Center**  
449-0100 • 326 South Pearl Street

**Whitney M. Young, Jr. Health Services**  
465-4771 • 920 Lark Drive

## LEGAL ASSISTANCE

**Capital District Legal Project • 435-1770**  
24 Aviation Road

**Crime Victims and Sexual Violence Center**  
447-7100 • 112 State Street

**Lawyer Referral Service • 463-3200**

**Legal Aid Society of NENY • Toll-free: 1-800-462-2922**  
Phone: 462-6765 • Legal services, education, foreclosure and homelessness prevention

**NYS Division of Human Rights • 474-2705**

**United States Committee for Refugees and Immigrants**  
459-1790 • 991 Broadway Suite 223

**Refugee and Immigrant Support Services of Emmaus**  
715 Morris Street • 621-1041

**Empire Justice Center • 462-6831**  
119 Washington Ave.

## RE-ENTRY SUPPORT

**TASC Treatment Alternatives for Safer Communities**  
465-1455 • 87 Columbia Street

**The Center for Law and Justice**  
427-8361 • 220 Green Street

**Trinity Alliance - Jail Transition Services**  
449-5155 Ext 105



ALBANY RESOURCE GUIDE  
**FOCUS CHURCHES OF ALBANY**  
275 STATE STREET, ALBANY NY 12210  
(518) 443-0460 | [www.focuschurches.net](http://www.focuschurches.net)  
SEFA #50-00147 6.2016

# ALBANY RESOURCE GUIDE



## EMERGENCY SHELTER

**Albany County Dept. of Social Services** for conditional financial assistance and food stamps, Medicaid, offer of specific shelters.  
**463-2124** during 24/7 or **866-201-7399** Toll Free 24/7  
**Offices are open during the daytime at 162 Washington Ave.**

*These offer a limited number of sheltered nights for singles during the cold months:*

**Capital City Rescue Mission** plus showers, meals, clothing  
462-0459 at 259 South Pearl Street

**Sheridan Hollow Drop-In Center & Safe Haven**  
(of Interfaith Partnership for the Homeless)  
plus showers, lockers, laundry  
694-8899 at 26 South Swan Street

**Equinox Domestic Violence Shelter** (CONFIDENTIAL)  
1-(800)-942-6906 OPEN 24 hours and 7 days per week

**Family Promise** for emergency housing for families,  
2 meals. 650-8895 office at 738 New Scotland Avenue

**Overflow Shelter of the Capital Area Council of Churches** includes meals. 463-1326 at 181 Western Ave,  
behind the 1st Lutheran Church

**All area codes are 518, unless noted**

## PERMANENT HOUSING and TRANSITIONAL HOUSING

**Albany Community Development Agency** for home-ownership assistance, budget counseling, property rehabilitation  
**434-5240** at 200 Henry Johnson Blvd.

**Albany Housing Authority (Section 8 Housing)** for permanent housing and rent subsidies  
**641-7500** at 200 South Pearl Street

**Albany Office of Equal Employment Opportunity and Fair Housing** for complaints on Fair Housing, Education & Right  
**434-5296** at Room 301, City Hall, 24 Eagle Street

**Capital City Rescue Mission** transitional housing with Christian addiction recovery for women  
**462-0459** • Call office at 259 South Pearl Street

**Catholic Charities Housing Office** for Permanent Housing for families and singles  
**459-0183** at 41 North Main Ave.

**Center for Community Collaboration** for drop-in-center, housing information and referral, resume help  
**462-6876** at 326 Clinton Ave - by Henry Johnson Blvd.

**Cornell Cooperative Extension** for Housing and Energy Assistance Program (HEAP) funds  
**765-3539** • Call for an appointment or more information

**Families In Need Of Assistance** for urgent emergency needs for financial and legal support  
**489-3734** at 69 Brookline Ave.

**Homeless and Travelers Aid Society (HATAS)** for permanent housing with various supportive services  
**463-2124** at 138 Central Avenue (in a yellow building). Do not apply at DSS for this permanent housing.

**Rebuilding the City** with transitional housing for women, children and single men  
**449-2335** at 334 Second Ave.

**Support Ministries, Inc.** for housing and support services for people living with HIV/AIDS.  
**427-2463** at 28 Delaware Terrace

**United Tenants of Albany** for landlord/tenant mediation, eviction emergencies and homelessness prevention  
**436-0320** at 33 Clinton Avenue

**Veterans Housing with Albany Housing Coalition** for transitional and permanent housing for veterans  
**465-5251** at 278 Clinton Avenue

## HOMELESS OUTREACH

**Capital District Center for Independence** for peer advocacy, independent living skills training  
**459-6422** at 845 Central Ave. between Mon-Fri 9-5 pm

**FOCUS Churches Winter Breakfast** for information and referral with a warm breakfast, T, W, Th - 7-9 am  
**443-0460** at 85 Chestnut St. Enter/side door; Summer is a cold Breakfast Express on T, W - 7:30 - 8:30 am.

**Homeless Action Committee** for low-demand housing and an Outreach Van  
**495-0663** at 393 N Pearl St. Walk in between 2-10 pm Daily

**Sheridan Hollow Drop-In Center & Safe Haven** of the Interfaith Partnership for the Homeless  
**434-8021** at 26 South Swan St. with a meal served M-F at 3:30 pm

**South Asian Resource Center** for translation, immigration & legal guidance, health insurance info, academic counseling  
**813-8516** at 916 Western Avenue

**South End Community Outreach Center** for clothing, household items, court advocacy and jail visitation, furniture  
**258-3861** at 82 Clinton Street

## EMPLOYMENT and TRAINING

**Capital South Campus Center** for after school camp, training in technology, life and work skills  
**449-5155** at 15 Trinity Place

**Career Services** (Men and Women) Coaching  
**463-3175, x 100** at 333 Sheridan Ave. • M-F 8:30 - 5 pm

**Dress for Success** (Women only, ask FOCUS for a FREE referral) Clothing and Coaching  
**463-3175, x 100** at 333 Sheridan Ave. • M-F 8:30 - 5 pm

**NYS Department of Labor for the One Stop Career Center**  
**462-7600 ext.8** at 175 Central Ave M-F 8:30 - 5 pm

## CLOTHING and STUFF

**Capital City Rescue Mission—“Blessing-dale’s”**  
**462-0459 ext.258** at 88 Trinity Place  
Women: Wed & Fri. 9:30-11 & 1:30-3:30 pm  
Men: Tue & Thur. 9:30-11 & 1:30-3:30 pm

**Grassroot Givers Community Store and Book Project** (Free)  
Go to 274 Washington Ave. • Tues + Thur 10-2 pm

**Great Finds Thrift Boutique** (Fee)  
**449-7715** at 260 Washington Ave. M-F, 8:30–4 pm

**Olive Branch Thrift Shop** (Fee) Third Reformed Church Albany  
463-7276 at 20 Ten Eyck Ave, Wed 5-7 pm, Sat 10-2 pm

**Sheridan Hollow Drop-In Center** (Free)  
**694-8899** at 26 S. Swan St. • M & F: 8:30-3:30 pm  
T, W & Thur. 9:30-4:30 pm

**St. Andrew’s Church** (Fee)  
**489-4747** at 10 N. Main Ave Tue: 10-3 pm, Sat: 10-1 pm

**St. Mary’s Church** (Free)  
**462-4254** at 10 Lodge Street • Enter on Steuben Street  
Tue, Thur. & Fri 9-11:30 am

**Treasure Chest.** (Fee)  
**436-7451** at 398 Hamilton Street  
Tue & Thur. 11-6 pm, Fri 11-5 pm & Sat 11-4 pm

## FURNITURE

**Home Furnishing Program** at 603 State St., Schenectady  
**346-2444**

**Salvation Army** at 452 Clinton Ave • **465-2416**

**St John’s/ St Ann’s Outreach Center** at 88 Fourth Ave.  
**472-9091**

**Grassroot Givers Community Store and Book Project**  
at 274 Washington Ave on Tue-Thur 10-2 pm

## HOTLINES + CRISIS CENTERS

**Alliance for + Health**  
**434-4686** • M-F 9-5 pm or (800) 201-AIDS

**Albany County Crime Victims & Sexual Violence Center**  
**447-7100** or 24-hr Sexual Assault Hotline **447-7716**

**Albany County Mobile Crisis**  
(limited hours) mobile response to psychiatric emergency  
**549-6500** or NYS CDRPC Crisis Unit 24-hour, 7 days a week, at the same phone

**Catholic Charities** Basic Needs & Utilities Assistance  
**486-8020**

**Child Abuse Hotline** 1-(800)-342-3720

**Drug Abuse Information Hotline** 1-(800) 522-5353

**Equinox Domestic Violence Services**  
**434-6135** during 24 hour hotline **432-7865**

**National Suicide Prevention Lifeline**  
1-(800)-273-TALK (8255) during 24 hour service

**NYS Domestic and Sexual Violence Hotline**  
1-(800)-942-6906. TTY: 1-(800)-818-0656  
Spanish Language 1-(800)-942-6908 TTY: 1-(800)-780-7660

**211 Human Services Information Line**  
Dial 2-1-1 during 24-hour/ 7 days per week referral to community services.

**9-1-1 Albany Police, Fire, Paramedics**  
**438-4000 Albany Police** (non-emergency)

**American Red Cross** with special services for veterans  
**458-8111 x 5160**

**Adult Protective Services** for referrals to human services  
**447-7177** for Albany County “NY-Connects”; for NYS Hotline 1-800-342-3009

**Poison Control** 1-(800)-222-1222 for poisoning and drug overdoses

## SELF HELP + SUPPORT

**AL-Anon** 292-0577

**Alcoholics Anonymous** 463-0906

**Capital Area Peer Services** - CAPS 427-5056

**Gamblers Anonymous** 292-0414 • 800-522-4700

**In Our Own Voices** (LGBT people of color) 432-4188

**Pride Center of the Capital Region** 462-6138

## ADDICTIONS SUPPORT

**The Addictions Care Center**  
Administrative office • **465-5470**  
Outpatient Clinic • **434-2367** • 1044 Broadway  
**Detox (go thru ER) St Peter’s Addiction Recovery Center**  
**525-1303** • 315 South Manning Blvd

## FOOD

**FOOD PANTRIES**  
To find the Pantry that serves your neighborhood contact;  
The Food Pantries • **458-1167** • Weekdays 8 - 4 pm  
**Food Stamps** Information • **689-6327**

## FOOD RESOURCES

**Albany County Dept. of Social Services**  
SNAP **447-7403** • Energy Office **447-2551**

**SNAP Eligibility and Application Assistance** 689-6372  
Legal Aid Society (NOEP) **462-6765** or 1-800-462-2922

**WIC ( Women, Infants and Children’s Program)**  
Whitney Young Clinic, 920 Lark Drive • **465 –9387**,  
Albany Medical Center • **432 - 4033**

**Home Delivered Meal Program**  
Albany County NY Connects, 162 Washington Ave.  
**447-7177**, Mon - Fri 8:30 –4:30pm