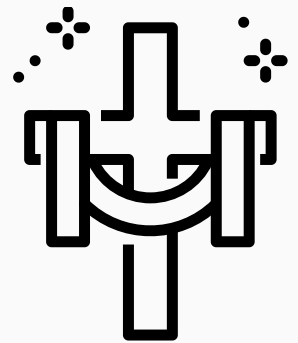



# THE SEASON OF LENT

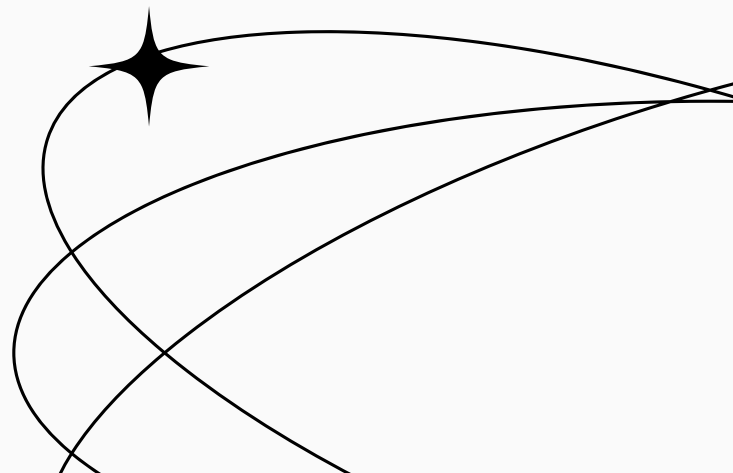
*Lent symbolizes the 40 days of penance that culminates in Easter Sunday.*



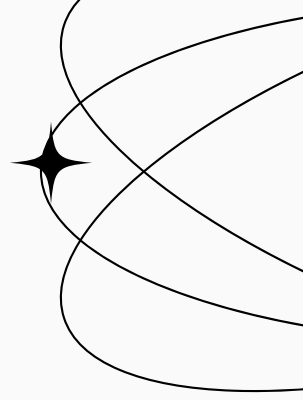


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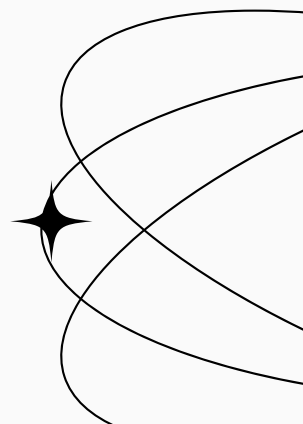
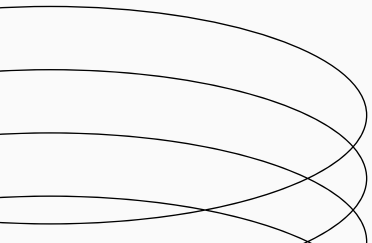
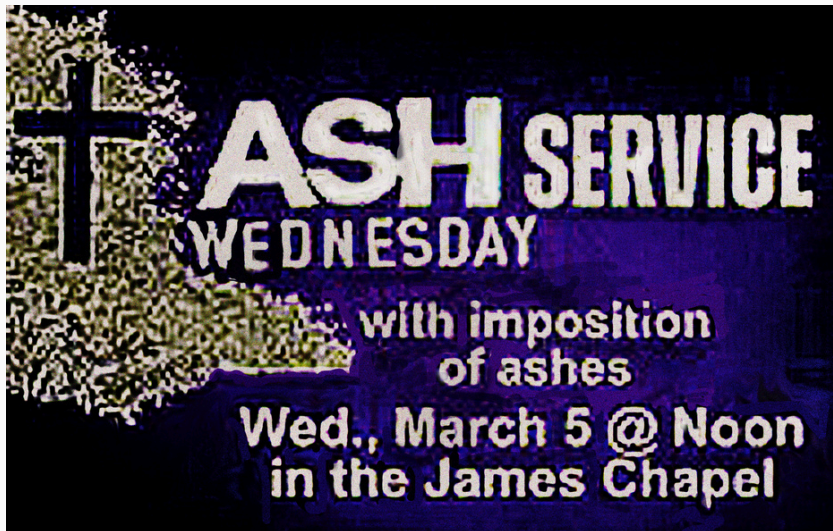
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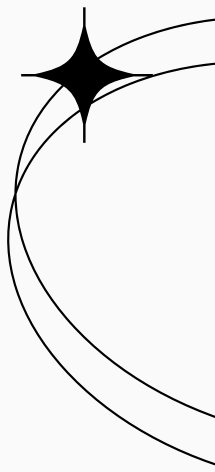
# LENT BEGINS



**ASH WEDNESDAY IS MARCH 5**



# VIDEO SERIES FOR LENT



Want to do more for Lent but not sure how? “How to Lent” is a new series from some Catholic siblings that explores the pillars of prayer, fasting, and almsgiving. This series will help you enter Lent with purpose. For the next four weeks, you can watch videos right from our E-Blast about Lent. My prayer is that you engage your faith during Lent in a new way this year.

– Rev. Trey

- **Week of Feb. 24:**
  - Episode 1: Back to Basics | How To Lent
- **Week of Mar. 3:**
  - Episode 2: The Importance of Prayer | How To Lent
- **Week of Mar. 10:**
  - Episode 3: Fasting? | How to Lent
- **Week of Mar. 17:**
  - Episode 4: Almsgiving | How To Lent

*If you do not receive the Eblast, you can sign up on our website.*



# LENT 2025 EVENING BIBLE STUDY

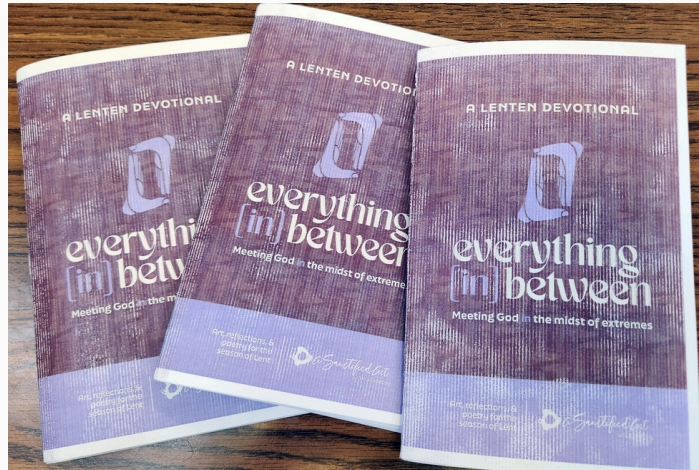
This Lent, gather with us on Wednesdays at 7:30 PM via Zoom as we explore five scenes from Holy Week from both the Gospels of Luke and Matthew. The glory of having multiple gospel accounts is that we can see these scenes in different ways, and learn so much more from them. So come—all are welcome! Link is available on our website.

## SCHEDULE

- March 5 NO BIBLE STUDY (Ash Wednesday)
- March 13 The Triumphal Entry (Luke 19:40; Matthew 21:11)
- March 20 The Cleansing of the Temple & The Cursing of the Fig Tree (Luke 19:41-48; Matthew 21:12-21)
- March 27 The Last Supper & Peter's Denial (Luke 22:1-23, 31-34; Matthew 26:17-34)
- April 3 Jesus' Crucifixion & Death (Luke 23:26-49; Matthew 27:32-56)
- April 9 Burial & Resurrection (Luke 23:50-24:12; Matthew 27:57-28:10)
- April 16 NO BIBLE STUDY (Holy Week)



# DAILY LENTEN DEVOTIONAL



Copies are available in the office.

Lent is a time of self-transformation. We are sharing a daily Lenten devotional. Everything in Between - Meeting God in the midst of extremes helps guide us through this time of reflection and intentional growth in our faith life. The devotional has been put together by a wonderful company called A Sanctified Art LLC. We have used one of their Lenten devotionals in the past. They seek to engage each of us in the way that best suits us. For some of us, that is through art or music, poetry or prose. There is surely something in this devotional that will speak to you in this season of reflection. There is no cost for the booklet.

# A Visit During Lent



## Upcoming visit from the President of New Brunswick Theological Seminary

Dear FCIA Community,

I will be reaching out for your help in hosting a denominational leader.

The President of New Brunswick Seminary will preach at FCIA on Sunday, March 30, 2025!!!!



*Rev. Micah L. McCreary, Ph.D*

This is part of a tour coordinated by the seminary and the denomination. I was previously asked and have agreed to participate in an event on Saturday, March 29th, at First Schenectady. Details to follow.

In terms of FCIA, we can expect additional guests on Sunday, March 30th. Albany has several retired pastors in the area with close affiliation to the seminary. Thus, we will need to plan a nice coffee hour and to promote the President's arrival throughout the Albany area. The seminary is promoting the event as well.

Perhaps we can consider providing the President and distinguished guests with an additional display of First Church archives. He will receive a tour on Saturday at First Schenectady and their archive room is open for viewing. As some of you know, the seminary holds most of the denominations archives including a substantial amount from FCIA in the historic Sage library on campus.

Blessings,  
Rev. Mashona





# Lent leads us to the Resurrection

- Palm Sunday - April 13
- Holy Thursday - April 17
- Good Friday - April 18
- Holy Saturday - April 19
- **Easter Sunday - April 20**

A Holy Week & Easter  
booklet to come.

Stay tuned!



# Thank you

for joining us in community  
and in faith